



Friday 24th May 2019

Dear Parents/Carers,

**Year 9 Health and Well-being week 2019**

We are delighted to inform you that the SMSJ 'Health and Wellbeing week' will run from Monday 15th July to Friday 19th July 2019. This is an opportunity to reward students for their tenacity during the academic year, reflect on their achievements and be both healthy and safe over the summer holiday. Please see the itinerary for your child's week and additional information:

<b>Monday 15th July</b>	Saracens Sports Foundation Day 1	Students will be learning about a variety of PSHCEE topics including SRE, Healthy Relationships, Anti-grooming, Anti-bullying and Mental-health/Positive Well-being. These will be delivered by Saracens Sports Foundation
<b>Tuesday 16th July</b>	Visit to UNITAS and Sports Day	Students will meet staff at UNITAS Youth Zone, 76 Montrose Ave, Edgware HA8 ODT at 9:30 a.m. (or escorted from school, leaving at 8.30am), where they will spend the morning. They will then get the underground to Hendon Central to attend Sports Day at Neale House Campus. Students will need a packed lunch for the day, and wear their PE kit.
<b>Wednesday 17th July</b>	Saracens Sports Foundation Day 2	Students will be learning about a variety of PSHCEE topics including SRE, Healthy Relationships, Anti-grooming, Anti-bullying and Mental-health/Positive Well-being. These will be delivered by Saracens Sports Foundation
<b>Thursday 18th July</b>	Thorpe Park	Leaving at 09:30 a.m and arriving back to SMSJ for 6:30 pm. Students are not required to wear their school uniforms and will need to bring a packed lunch. [Please note students must have met our conduct criteria as communicated by PAMs in order to attend Thorpe Park ]
<b>Friday 19th July</b>	House Celebration	Students will celebrate the year in their Houses' and will take part in our inaugural SMSJ House assemblies: <ul style="list-style-type: none"> <li>• 9L register in Stamford Raffles Hall</li> <li>• 9D register in Stamford Raffles Hall</li> <li>• 9E register in Stamford Raffles 6th form centre</li> <li>• 9F register in Bennett House Canteen</li> </ul>

Due to the costs of activities within our programme, we will be charging students £50.00 each. This is a heavily subsidised offer and enables all students to attend. To ensure a smooth running of the week, payment is due on Monday 8th July via parent pay.

If you have any questions or queries about the week please email your question to: office@smsj.london citing 'Health and Wellbeing week' as the subject to ensure that it reaches the correct member of staff.

Yours sincerely,



Mr Fox  
Assistant Principal

Location of Unitas Youth Zone, 76 Montrose Ave, Edgware HA8 0DT

