

# BICS

## Barnet Integrated Clinical Services

**What is BICS?** Barnet Integrated Clinical Services (BICS) provides mild to moderate mental health services to children, young people and families in the borough.

**Who can refer?** If you live in the borough or attend a Barnet school and are struggling with social, emotional or behavioural difficulties we might be able to help. Families and professionals can refer and if you are not sure if we are the right service for you, give us a call to discuss.

**What we do?** We offer a range of individual and family evidence based interventions, alongside groups and workshops. We can meet face-to-face or virtually either in school or in the community. We also offer a range of online content to support wellbeing and good mental health in Barnet.

**How to refer** Referrals can be made via The Universal Plus Form on the Barnet website from external agencies and parents or if the CYP is known to the local authority, Family Services staff can refer using 'BICS request for service'.

Email:

**[BICS@barnet.gov.uk](mailto:BICS@barnet.gov.uk)**

Support line:

**07926 085495**

**[www.barnet.gov.uk/bics](http://www.barnet.gov.uk/bics)**

